

St Bernadette of Amelia

April 2018

Hot/ Cold Meal: \$3.25 (entrée, two sides); \$1.75 Extra Entrée, Side Items: \$1.00;

USDA Daily Requirements K thru 8: protein 1.5 oz., fruits 4oz., vegetables 6oz., whole grains 1 serving

Monday	Tuesday	Wednesday	Thursday	Friday
2 <u>spring break</u>	3 <u>spring break</u>	4 <u>spring break</u>	5 <u>spring break</u>	6 <u>spring break</u>
9 <u>spring break</u>	10 <u>spring break</u>	11 <u>spring break</u>	12 <u>spring break</u>	13 <u>spring break</u>
16 <u>Chicken Nuggets</u> macaroni & cheese choice of fruit	17 <u>turkey sausage links</u> WG French toast sticks choice of fruit	18 <u>cheeseburger</u> Choice of two Sides	19 <u>Spaghetti & meatballs</u> choice of meatballs & sauce garlic bread choice of fruit	20 <u>slice of pizza or two cheesy bread sticks</u> carrots & ranch choice of fruit
23 <u>chicken tenders</u> green beans choice of fruit	24 <u>pancakes & hash brown</u> yogurt stick choice of fruit	25 <u>Cheese Coney's</u> tater tots choice of fruit	26 <u>Pasta bake</u> Ziti noodles, sauce & cheese and garlic stick Choice of Fruit or salad	27 <u>slice of pizza or two cheesy bread sticks</u> carrots & ranch choice of fruit

Everyday Entrees			
cheese sandwich	turkey wrap	peanut butter & jelly sandwich	yogurt parfait
chili	soup of the day	bagel with cream cheese	assorted whole grain cereal with milk
Side Items			
Sun Chips ©	pretzels	cheese popcorn	tortilla chips w/ tomato salsa
side salad w/ dressing	banana	whole fresh fruit	applesauce
pineapple cubes	Mandarin oranges	Gogurt Sticks ©	

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