

St. Bernadette March 2018

Hot Meal: \$3.25 (entrée, two sides); Extra Entrée \$1.75, Side Items: \$1.00 Beverages .50
 USDA Daily Requirements K thru 8: protein 1.5 oz., fruits 4oz., vegetables 6oz., whole grains 1 serving

Everyday Entrees

Monday	Tuesday	Wednesday	Thursday	Friday
			1 <u>Cincy Three chili</u> Pasta, chili & cheese choice of fruit	2 <u>slice of pizza or two cheesy bread sticks</u> carrots & ranch choice of fruit
5 <u>Grilled cheese & bacon</u> Tomato soup choice of fruit	6 <u>Pancakes</u> hash browns, Gogurt stick choice of fruit	7 <u>macaroni & cheese</u> Chicken Nuggets choice of fruit	8 <u>Spaghetti & meatballs</u> choice of meatballs & sauce garlic bread choice of fruit	9 <u>slice of pizza or two cheesy bread sticks</u> carrots & ranch choice of fruit
12 <u>Chicken tenders</u> mashed potatoes choice of fruit	13 <u>turkey sausage links</u> WG French toast stick hash browns choice of fruit	14 <u>hamburger/cheeseburger</u> tater tots choice of fruit	15 <u>Pasta bake</u> Ziti noodles, sauce & cheese and garlic stick Choice of side	16 <u>slice of pizza or two cheesy bread sticks</u> carrots & ranch choice of fruit
19 <u>turkey corndogs</u> choice of two Sides	20 <u>Bagel egg & cheese</u> Gogurt stick choice of fruit	21 <u>chicken patty sandwich with Cheese</u> tater tots choice of fruit	22 <u>Beef Taco's</u> Chips and Salsa choice of fruit	23 <u>slice of pizza or two cheesy bread sticks</u> carrots & ranch choice of fruit
26 <u>Cheese Coney</u> Choice of two Sides	27 <u>whole grain waffles</u> sliced bacon choice of fruit	28 <u>Boneless Chicken Bites</u> Choice of two sides	29 <u>slice of pizza or two cheesy bread sticks</u> carrots & ranch choice of fruit	30 <u>No School Good Friday</u>
cheese sandwich	turkey wrap	peanut butter & jelly sandwich	yogurt parfait	
chili	soup of the day	bagel with cream cheese	assorted whole grain cereal with milk	
Side Items				
Sun Chips ©	pretzels	cheese popcorn	tortilla chips w/ tomato salsa	
side salad w/ dressing	banana	whole fresh fruit	applesauce	
pineapple cubes	Mandarin oranges	Gogurt Sticks ©		