

St. Bernadette

May 2018

Hot Meal: \$3.25 (entrée, two sides); Extra Entrée \$1.75, Side Items: \$1.00 Beverages .50

USDA Daily Requirements K thru 8: protein 1.5 oz., fruits 4oz., vegetables 6oz., whole grains 1 serving

Monday	Tuesday	Wednesday	Thursday	Friday
30 <u>Chicken Patty with Cheese</u> Choice of Sides	1 <u>WG French Toast Sticks</u> Sausage Links choice of fruit	2 <u>Chicken Tenders</u> Green Beans choice of fruit	3 <u>Cincy Chili</u> Pasta, chili & cheese choice of fruit	4 <u>Slice of Pizza or</u> <u>Two Cheesy</u> <u>Bread Sticks</u> carrots & ranch choice of fruit
7 <u>Cheese Coney's</u> tater tots choice of fruit	8 <u>WG pancakes</u> hash browns choice of fruit	7 <u>Hamburger/</u> <u>cheeseburger</u> Choice of sides	8 <u>Macaroni & Cheese</u> chicken Nuggets choice of fruit	9 <u>Slice of Pizza or</u> <u>Two Cheesy</u> <u>Bread Sticks</u> carrots & ranch choice of fruit
14 <u>grilled cheese & bacon</u> tomato soup choice of fruit	15 <u>Whole Grain Waffles</u> Side of Bacon Choice of side	16 <u>Chicken Snack Wrap</u> Boneless chicken, cheddar cheese, lettuce and ranch, tortilla wrap, side of sides	17 <u>Slice of Pizza or Two</u> <u>Cheesy Bread Sticks</u> carrots & ranch choice of fruit	18 FIELD DAY CAFETERIA IS CLOSED
21 <u>Sloppy Joe Sandwich</u> choice of two Sides	22 <u>WG French toast sticks</u> Sausage Links choice of fruit	23 <u>Chicken Tenders</u> green beans choice of fruit	24 <u>Pasta bake</u> Ziti noodles, sauce & cheese, garlic stick Choice of Fruit	25 <u>Slice of Pizza or</u> <u>Two Cheesy</u> <u>Bread Sticks</u> carrots & ranch choice of fruit
28 No school	29 <u>Whole Grain Waffles</u> sliced bacon choice of fruit	30 <u>Corn Dogs</u> Tater Tots choice of fruit	31 <u>Boneless Chicken Bites</u> choice of sides	1 <u>Slice of Pizza or</u> <u>Two Cheesy</u> <u>Bread Sticks</u> carrots & ranch choice of fruit
4 Cheese Cones Choice of two sides	5 Pancakes Sausage			
Everyday Entrees				
cheese sandwich	turkey wrap	peanut butter & jelly sandwich	yogurt parfait	
chili	Chicken noodle soup	bagel with cream cheese	assorted whole grain cereal with milk	
Side Items				
Sun Chips ©	pretzels	cheese popcorn	tortilla chips w/ tomato salsa	
side salad w/ dressing	banana	whole fresh fruit	applesauce	
pineapple cubes	Mandarin oranges	Gogurt Sticks ©		