

St. Bernadette of Amelia

November

Monday	Tuesday	Wednesday	Thursday	Friday
Nov 5 Crunchy Beef Taco beef and cheese black beans choice of fruit	6 Three Pancakes Gogurt stick choice of fruit	7 Three Breaded Chicken Tenders choice of side choice of fruit	8 Cheeseburger *choice of cheese is optional at service line Tater Tots choice of fruit	9 Slice of Pizza or Two Cheesy Bread Sticks carrots & ranch choice of fruit
12 Grilled Cheese & Bacon *bacon optional tomato soup choice of fruit	13 3 French Toast Sticks 2 Sausage links Choice of Fruit	14 Five Chicken Nuggets macaroni & cheese choice of fruit	15 Spaghetti *meatballs and sauce optional at service line Garlic Bread choice of fruit	16 Slice of Pizza or Two Cheesy Bread Sticks carrots & ranch choice of fruit
19 Chicken Burrito Chicken, rice, cheese *sour cream and salsa on side choice of fruit	20 Two Whole Grain Waffles sliced bacon choice of fruit	21 No School	22 No School	23 No School
26 Beef & Cheese Nachos Corn chips served with taco beef, cheese sauce and salsa option choice of side	27 Bacon, Egg and Cheese Bagel Gogurt stick choice of fruit	28 Chicken Bites choice of side choice of fruit	29 Pasta Bake Pasta, tomato sauce, mozzarella cheese garlic bread choice of side	30 Slice of Pizza or Two Cheesy Bread Sticks carrots & ranch choice of fruit

Everyday Entrees- \$1.75			
cheese sandwich	turkey wrap (cheese optional)	peanut butter & jelly sandwich	fruit & yogurt parfait
chili	soup of the day	bagel with cream cheese	assorted whole grain cereal with milk
Side Items- \$1.00			
Sun Chips ©	pretzels	cheese popcorn	tortilla chips w/ tomato salsa
side salad w/ dressing	banana	whole fresh fruit	applesauce
	Mandarin oranges	GoGurt Stick ©	

sba@kaldiscatering.com ~ School Lunch Hotline 513.405.8591

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