

St. Bernadette of Amelia

November 2017

Hot Meal: \$3.25 (entrée, two sides); Extra Entrée \$1.75, Side Items: \$1.00; Beverage: \$.50

Monday	Tuesday	Wednesday	Thursday	Friday
30 <u>grilled cheese & bacon</u> Tomato soup choice of fruit	31 <u>French Toast sticks</u> turkey sausage Hash browns choice of fruit	1 All Saints Day No Classes	2 <u>cheese coney-</u> <u>choice of chili and</u> <u>shredded cheese</u> choice of two sides	3 <u>slice of pizza or two</u> <u>cheesy bread sticks</u> carrots & ranch choice of fruit
6 <u>chicken patty & cheese</u> <u>sandwich</u> green beans choice of fruit	7 <u>whole grain waffles</u> sliced bacon hash brown choice of fruit	8 <u>Boneless whole grain</u> <u>chicken wings</u> tater tots choice of fruit	9 <u>Chili Mac</u> Cincy chili with Cheese and Mac noodles & garlic bread choice of fruit	10 <u>slice of pizza or two</u> <u>cheesy bread sticks</u> carrots & ranch choice of fruit
13 <u>cheese quesadilla</u> side of salsa & sour cream. black beans choice of fruit	14 <u>yogurt smoothie</u> WG pancakes Hash brown choice of fruit	15 <u>whole grain</u> <u>chicken fingers</u> mashed potatoes choice of fruit	16 <u>turkey corndogs</u> tater tots choice of fruit	17 <u>slice of pizza or two</u> <u>cheesy bread sticks</u> carrots & ranch choice of fruit
20 <u>hamburger/</u> <u>cheeseburger</u> Tater tots choice of fruit	21 <u>slice of pizza or two</u> <u>cheesy bread sticks</u> carrots & ranch choice of fruit	22 Thanksgiving Break	23 Thanksgiving Break	24 Thanksgiving Break
27 <u>chicken nuggets</u> Mac & Cheese choice of fruit	28 <u>whole grain waffles</u> sliced bacon hash brown choice of fruit	29 <u>Texas style chili with</u> <u>beans and cheese</u> corn bread muffins choice of fruit	30 <u>Swedish style</u> <u>meatballs & gravy</u> egg noodles green beans choice of fruit	1 <u>slice of pizza or two</u> <u>cheesy bread sticks</u> carrots & ranch choice of fruit

Everyday Entrees \$1.75			
cheese sandwich	turkey wrap	peanut butter & jelly sandwich	yogurt parfait
chili	soup of the day	bagel with cream cheese	assorted whole grain cereal with milk
Side Items \$1.00			
Sun Chips ©	pretzels	cheese popcorn	tortilla chips w/ tomato salsa
side salad w/ dressing	banana	whole fresh fruit	applesauce
pineapple cubes	Mandarin oranges	Gogurt Sticks ©	